

# TAKE CHARGE OF YOUR CAREER. ♦

## WHAT'S NEXT FOR YOU?

Where do you want to get to in your career and what's holding you back? Career success comes when you flip your focus away from yourself and instead focus on the problems that you, uniquely, solve for others. In this session we'll have time to consider some big career questions. How do you contribute? What are you aiming for and what's important to you? How will you bridge the gap between you and a high performer in the role you aspire to? What are your blind spots? How do you sell yourself, without sounding obnoxious? This session will help you figure all this out and give you the latest research on career strategy.

**Essential for all, particularly rising star and gender network programmes and anyone preparing for interview panels and appraisals.**

**WHAT  
GOT YOU  
HERE**

**WON'T  
GET YOU  
THERE**


### OBJECTIVES

- ♦ Increased self-awareness and knowledge of blind spots and limiting beliefs
- ♦ Know how to differentiate yourself, your unique contribution
- ♦ Interview skills
- ♦ Think about skills, knowledge and networks you need to acquire
- ♦ Understand latest research on career management

### INCLUDES

- ♦ Managing career conversations and
- ♦ Building diverse networks with new or different perspectives
- ♦ Staying resilient and self-care
- ♦ Learning to be tolerant with ambiguity



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